



Teacher's guide

Phrasal Verbs: Dealing with Problems & Change - Intermediate (B1-B2)

Canva Presentation Link: [🌐 Phrasal Verbs: Dealing with Problems & Change](#)

Warm-up

Part 1. Students discuss the questions and activate previous knowledge of the phrasal verbs. Provide guidance if necessary.

Reading activity

Part 1. Students read the dialogue, then answer the comprehension questions.

Answer Key:

1. A supplier caused problems at work.
2. They let the team down last minute.
3. That the event wouldn't happen on time.
4. Sorting things out and working through the stress.
5. That Jordan is strong and always bounces back.

Definition matching

Part 1. Students match each phrasal verb to its correct definition.

Answer key:

1. Work through
2. Bounce back
3. Let down
4. Face up to
5. Sort out
6. Hold on
7. Run into
8. Get over

Collocation matching

Part 1. Students match the phrasal verbs with what they often collocate with.

Answer key:

1. Let down
2. Run into
3. Get over
4. Hold on
5. Work through
6. Face up to
7. Sort out
8. Bounce back

Sentence transformation

Part 1. Students rewrite the sentences using the target phrasal verbs so that the meaning stays the same.

Suggested answers:

1. I'm trying to **sort** the problem **out**.
2. She **bounced back** after losing her job.
3. He refused to **face up to** what had happened.
4. I'm **working through** the change.
5. We **ran into** an unexpected issue last week.
6. He managed to **hold on**, even when things got really hard.
7. My friend **let** me **down**.
8. It took time, but I eventually **got over** the situation.

Sentence gap-fill

Part 1. Students use the correct form of the phrasal verb in brackets to complete each sentence.

Answer key:

1. have run into
2. sorted out / had sorted out
3. got over
4. have been holding on
5. was let down (*passive*)
6. had faced up to
7. have bounced back
8. have been working through

Speaking

Part 1. Students talk about a time they faced a personal challenge or unexpected situation, using at least five of the target phrasal verbs in their discussion.