



Teacher's guide

Talking about Preferences – Pre-Intermediate (A2-B1)

Canva Presentation Link: [Talking About Preferences](#)

Editable Presentation Link: [Talking About Preferences](#)

Editable Worksheet Link: [Student Worksheet: Talking About Preferences](#)

Warm-up

Part 1. Students discuss the questions.

Definition matching

Part 1. Students match each word to its correct definition.

Answer key:

1. Gym
2. Yoga
3. Weights
4. Spin class
5. Run
6. Prefer

Dialogue activity

Part 1. Students read the short dialogue and underline all the phrases used to ask for or give advice.

Asking about preferences: Do you prefer...or...? / Would you rather...or...?
Expressing preferences: To be honest, I'm not really into... / I enjoy... more than... / I'd rather... / I prefer...to...

Gap-fill

Part 1. Students complete the dialogue with the correct forms of the phrases in the box.

Suggested answer key:

1. Do you prefer...or...
2. To be honest, I'm not really into...
3. I enjoy... more than...
4. Would you rather...or...?
5. I'd rather...
6. I prefer...to...

Pronunciation

Part 1. Model the intonation for statements of preferences & choice questions; students practise in pairs. Provide feedback on natural stress.

Speaking Practice: Role Play

Part 1. In pairs, students use the Role-Card below and the language from Steps 2–5. Then, students swap roles and try a new scenario (e.g. exercising alone vs. with a partner, lifting weights vs. using resistance bands etc.).

Personal Reflection

Part 1. Students write/say 3–5 sentences about their own fitness preferences using at least three different phrases from this lesson.