

Teacher's Guide

How Active Are You? – Pre-intermediate (A2–B1)

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Part 1. Students choose one option in each pair and explain their choice.

Part 2. Students look at the activities and decide how active they are.

Part 3. Students discuss the questions.

Part 4. Students read the statements and decide if they agree, disagree, or partly agree, and explain their choice.

Part 5. Students read the situations and guess what their partner or teacher usually does. Students then ask them if they were right.

Part 6. Students complete the sentences with their own ideas.

Part 7. Students look at the ideas for being more active in daily life. Students say which ones they would actually try and which ones they wouldn't. Encourage students to explain why.

Part 8. Students discuss the questions.

Reflection

Students complete the sentences with their own ideas.