



### Teacher's guide

Making Suggestions for Healthy Eating – Pre-Intermediate (A2-B1)

Canva Presentation Link: [🌐 Making Suggestions for Healthy Eating](#)

Editable Presentation Link: [🌐 Making Suggestions for Healthy Eating](#)

Editable Worksheet Link: [🌐 Student Worksheet: Making Suggestions for Healthy Eating](#)

## Warm-up

**Part 1.** Students discuss the questions.

## Definition matching

**Part 1.** Students match each word to its correct definition.

### Answer key:

1. Vegetables
2. Diet
3. Rice
4. Fruit
5. Lunch
6. Snack

## Dialogue activity

**Part 1.** Students read the short dialogue and underline all the phrases used to ask for or make suggestions.

**Ask for advice:** Could you...? / What else can I do? / Should I...?

**Give advice:** How about...? / You could try... / I wouldn't... / You ought to...

## Gap-fill

**Part 1.** Students complete the dialogue with the correct forms of the phrases in the box.

### Suggested answer key:

1. Should
2. How about
3. Could try
4. Wouldn't
5. Ought to

## Pronunciation

**Part 1.** Model the intonation for questions vs. advice statements; students practise in pairs. Emphasise rising tone for "How about...?", falling tone for "You should...." Provide feedback on natural stress.

## Speaking Practice: Role Play

**Part 1.** In pairs, students use the Role-Card and the language from Steps 2–5. Then, students swap roles and try a new scenario. Encourage use of at least three different advice structures.

## Personal Reflection

**Part 1.** Students write/say 3–5 sentences giving healthy-eating suggestions to a friend. Encourage students to use at least three different suggestion phrases.