

## Teacher's Guide

### The Life You're Living Right Now (Present Continuous) - Intermediate (B1-B2)



Canva Presentation Link: [🌐 The Life You're Living Right Now \(Present Continuous\)](#)

Editable Presentation Link: [🌐 The Life You're Living Right Now \(Present Continuous\)](#)

Editable Worksheet Link:

[🌐 Student Worksheet: The Life You're Living Right Now \(Present Continuous\)](#)

**Part 1.** Students discuss the questions, focusing on real-life experiences before analysing the grammar.

**Part 2.** Students read the conversation.

**Part 3.** Students answer the questions based on the conversation.

#### Answer key:

1. Temporary.
2. I'm constantly checking emails. / You're always doing that.
3. You're always doing that.
4. I'm meeting her on Thursday.

**Part 4.** Students look at the sentences from the dialogue and answer the questions.

#### Answer key:

1. No. Some describe a current phase, and one refers to the future.
2. I'm working on a new project. / I'm sleeping badly these days.
3. I'm constantly checking emails. / You're always doing that.
4. I'm meeting her on Thursday.
5. Because the speaker wants to show something temporary, repeated with emotion, or already arranged for the future, not something permanent or generally true.

**Part 5.** Students match each example to its use.

#### Answer key:

1. D
2. B
3. C
4. A

**Part 6.** Students rewrite the sentences to show they are temporary using a short reason, time phrase, or context.

#### Examples:

1. I'm working from home this month while the office is being renovated.
2. She's living with her parents until she finds her own flat.
3. They're eating a lot of takeaway food at the moment because their kitchen is being renovated.
4. He's going to the gym every day while he's training for a competition.

**Part 7.** Students complete the sentences so they are true for them.

**Part 8.** Students write or say three sentences using always, constantly or forever to describe repeated behaviour. Students then decide if the tone sounds positive, neutral or slightly irritated.

**Examples:**

**1. About yourself**

I'm always overthinking small decisions.

I'm constantly checking my phone when I'm bored.

I'm forever starting new projects and not finishing them.

**2. About someone you know**

She's always interrupting people in meetings.

He's constantly changing his mind.

My brother's forever borrowing my things without asking.

**3. About a general group**

People are always complaining about being busy.

Managers are constantly talking about productivity.

Students are forever saying they don't have enough time.

**Part 9.** Students describe their current life phase using at least:

- Two temporary situations
- One new or changing habit
- One repeated behaviour
- One future arrangement

**Reflection**

Students complete the sentences with their own ideas.