

Teacher's Guide

The Need to Belong - Advanced (C1-C2)



Canva Presentation Link: [The Need to Belong](#)

Editable Presentation Link: [The Need to Belong](#)

Editable Worksheet Link: [Student Worksheet: The Need to Belong](#)

Video Link: [What happens to your brain without any social contact? - Terry Kupers](#)

Warm-up

Part 1. Students complete the sentences with their own ideas. Encourage students to explain further.

Part 2. Students read the statements, choose which ones sound familiar to them, and explain why.

Part 3. Students think about a time when they felt part of a community (for example: school, work, sport, neighbourhood, online).

Ask students to talk about:

- what held the group together
- what role they played in it
- what changed when that connection ended (if it did)

Video activity

Part 1. Tell students they are going to watch a video called "What happens to your brain without any social contact?" Students then imagine someone is completely cut off from other people for a long time and discuss the questions.

Part 2. Students watch the video.

Part 3. Students discuss the questions.

Part 4. Students read the quotes from the video and decide whether they agree, disagree, or partially agree. Encourage students to explain why.

Part 5. Students look at each of the situations and discuss the questions.

Reflection

Students choose an answer for each of the points.