

Teacher's Guide

Kindness in Action – Intermediate (B1-B2)



Canva Presentation Link: [Kindness in Action](#)

Editable Presentation Link: [Kindness in Action](#)

Editable Worksheet Link: [Student Worksheet: Kindness in Action](#)

Video Link: [Ripple \(Award Winning\)– Kindness and good deeds will come back to you – YouTube](#)

Warm-up discussion

Students look at the words and give one short definition for kindness. Students then share one example of kindness they've seen recently.

Vocabulary

Part 1. Students match the words/phrases to their meanings.

Answer key:

1. Give a compliment
2. Pay it forward
3. Listen carefully
4. Lend a hand
5. Brighten someone's day
6. Check in

Video activity

Part 1. Before watching the video, students discuss the questions.

Part 2. Students watch the video.

Part 3. Students discuss the questions based on the video.

Part 4. Students read the line from the film and discuss the questions.

In this context, *ripple* refers to the spreading effect of one small act of kindness — like waves in water. It symbolises how a single kind action can inspire many others, far beyond the original moment.

Speaking

Part 1. Students complete the sentences with their own ideas.

Example responses:

When I give a compliment, I like to see someone smile.

I usually lend a hand when a colleague needs help.

Part 2. Students give details about a time they did one of the acts of kindness.

Part 3. Students read each situation and say what they would do.

Part 4. Students choose one small act of kindness they could do this week and share their idea.

Part 5. Students read the quotes and share which one they agree with the most. Encourage students to explain their choice, and give a real-life example that supports it.

Reflection

Students finish the sentences with their own ideas.

Wrap-up task (optional homework)

Students write 8–10 sentences about a kind gesture that made a difference in their life, using at least 5 of today's vocabulary items *or* record a 2-minute story about a moment of kindness they gave or received.