

Let's Visit: Poland

Intermediate (B1-B2)



WARM UP

Part 1. Discuss the following questions.

1. What comes to mind when you think of Poland?
2. Would you like to visit Poland? Why or why not?
3. Which is more important to you when travelling – food, culture, or landmarks?

Part 2. How much do you know about Poland? Test your knowledge!

1. What is the capital city of Poland?
2. Which Polish city is famous for salt mines you can tour?
3. What is Poland's national symbol (animal)?
4. Which sea lies north of Poland?
5. Name one UNESCO World Heritage Site in Poland.



VIDEO ACTIVITY & PICTURE MATCHING

Part 1. Watch a video showing different places and experiences in Poland. After watching, answer the questions.

1. What surprised you most?
2. Which place would you most like to see?

Part 2. Look at some of Poland's famous places and landmarks below. Match the name to the picture.

Wawel Castle

Auschwitz-Birkenau

Wieliczka Salt Mine

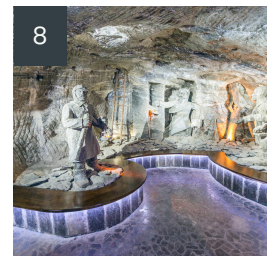
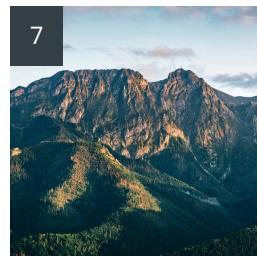
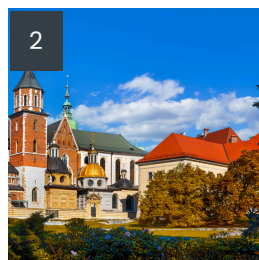
Old Town Warsaw

Malbork Castle

Białowieża Forest

Tatra Mountains

Gdańsk Old Town



Part 3. Match each place or landmark to the correct description.

Wawel Castle

Auschwitz-Birkenau

Wieliczka Salt Mine

Old Town Warsaw

Malbork Castle

Białowieża Forest

Tatra Mountains

Gdańsk Old Town

1. _____ Renaissance castle on the Vistula River.
2. _____ Underground chambers and chapels made of salt.
3. _____ Huge medieval fortress built by Teutonic Knights.
4. _____ Ancient forest with wild European bison.
5. _____ Memorial site of WWII concentration camps.
6. _____ Rebuilt historic centre after WWII.
7. _____ Scenic hiking and skiing region.
8. _____ Colourful harbour city on the Baltic coast.

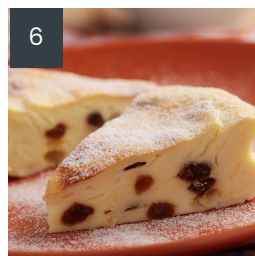
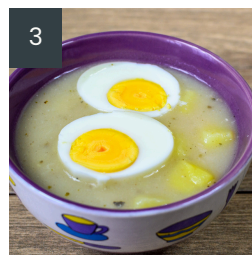
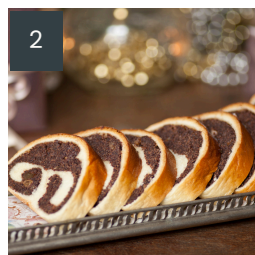
Part 4. Discuss the following questions.

1. Which of these landmarks interests you most? Why?
2. Would you prefer nature (mountains, forest) or history (castles, towns) in Poland?
3. How important is it to visit memorial sites like Auschwitz?



Part 5. Look at some of Poland's famous food below. Match the name to the picture.

Pierogi	Bigos	Żurek	Gołąbki
Kiełbasa	Oscypek	Sernik	Makowiec



Part 6. Match each dish to the correct description.

1. _____ Sweet poppy seed cake roll.
2. _____ Polish-style baked cheesecake.
3. _____ Smoked cheese from the Tatra Mountains.
4. _____ Hearty stew with cabbage and meat.
5. _____ Dumplings filled with potato, cheese, or meat.
6. _____ Sour rye soup often served with sausage.
7. _____ Cabbage rolls filled with rice and meat.
8. _____ Traditional smoked sausage.

Part 7. Discuss the following questions.

1. Which of these dishes would you try first?
2. Do you prefer sweet or savoury foods when travelling?
3. What is one traditional dish from your own country?

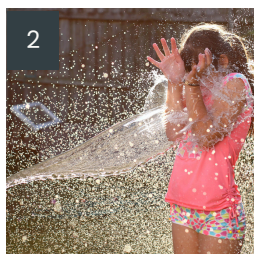
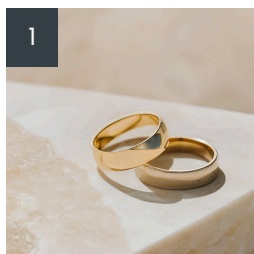
Part 8. Look at the pictures of Poland's culture. Match each cultural aspect to the correct picture.

Śmigus-Dyngus

All Saints' Day

Polish Weddings

Wigilia



Part 9. Match each cultural aspect to its correct description.

1. _____ People splash water on each other after Easter.
2. _____ Families light candles at cemeteries to honour ancestors.
3. _____ 12 dishes, no meat, and sharing a wafer.
4. _____ Long celebrations with dancing, vodka, and hearty food.

Part 10. Discuss the following questions.

1. Would you enjoy taking part in a festival where people splash water on each other? Why or why not?
2. In your culture, how do people remember and honour family members who have passed away?
3. Weddings in Poland are very long and full of food and dancing – what is the most memorable wedding you've ever been to?
4. How is Christmas (or another important holiday meal) celebrated in your family or country?

READING ACTIVITY

Part 1. Tom and Anna are planning their trip to Poland.

Tom: So, our first stop is Kraków. Wawel Castle is just a stone's throw from the old town.

Anna: Perfect! We can walk there. I've heard the castle gardens are beautiful.

Tom: After that, we should go to the Wieliczka Salt Mine. Everyone says you'll be blown away by the underground chapel.

Anna: Sounds amazing. And walking around will help us work up an appetite for pierogi!

Tom: True! I also want to try oscypek – that smoky mountain cheese.

Anna: Oh yes, and if we go to Zakopane, it's a hidden gem for food and views.

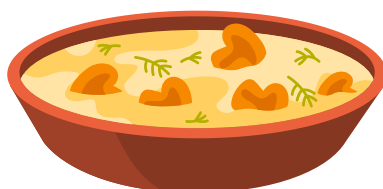
Tom: Definitely. In Warsaw, let's make a beeline for the Old Town. I want to see how it was rebuilt after the war.

Anna: Agreed. And maybe finish in Gdańsk by the sea – I've seen photos and it looks incredible.

Tom: Poland is going to surprise us – history, nature, and food all in one!

Part 2. Answer the questions below based on the dialogue.

1. Where is Wawel Castle located?
2. What impressed Tom about the Wieliczka Salt Mine?
3. Which foods do they mention trying?
4. What is special about Warsaw Old Town?
5. Where do they plan to finish their trip?



Part 3. Match the expression to its meaning.

A stone's throw from

Work up an appetite

Be blown away by

Hidden gem

Make a beeline for

1. _____ go quickly and directly to something
2. _____ be very impressed by something
3. _____ become hungry after exercise/activity
4. _____ very close, nearby
5. _____ a special but little-known place

Part 4. Discuss the following questions.

1. Talk about a time you were **blown away by** a view or place.
2. Is there a **hidden gem** in your hometown? Describe it.
3. Have you ever walked enough to **work up an appetite**? Where?
4. If you go somewhere exciting, what do you usually **make a beeline for**?
5. Can you think of a landmark or shop that's **a stone's throw from** your house?

FINAL THOUGHTS...

Part 1. Discuss the question below to reflect on what you've learnt during this lesson.

1. Would you like to travel around Poland? Which city, landmark, or dish would you choose first, and why?

