

## Teacher's Guide

**Collocations: Emotional Intelligence** - Upper-Intermediate (B2-C1)

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## Warm-up

**Part 1.** Students complete the sentences with their own ideas and discuss the questions.

**Part 2.** Students read the quote and discuss the questions.

**Part 3.** Students read the situations and discuss the questions.

## Collocations

**Part 1.** Students match the behaviours to the collocations.

### Answer key:

1. Read body language
2. Control impulses
3. Develop self-awareness
4. Build resilience
5. Manage conflict
6. Recognise your emotions
7. Show empathy
8. Improve social skills

**Part 2.** Students read the behaviours and decide which emotional intelligence skill is missing.

### Suggested answers may include:

1. Reacting instantly → control impulses
2. Avoiding difficult conversations → manage conflict
3. Not noticing discomfort → read body language
4. Blaming others → develop self-awareness
5. Taking everything personally → build resilience
6. Staying silent when you should speak → improve social skills

**Part 3.** Using the collocations, students rate themselves from 1–5 (1 = needs work, 5 = strong skill).

**Part 4.** Students give advice using a collocation in each answer. They should combine collocations naturally, e.g.

- "They need to develop self-awareness and manage conflict more constructively."
- "You could work on building resilience and recognising your emotions."

**Part 5.** Students complete the sentences with their own ideas.

## Reflection

Students discuss the questions.