

# Hobbies & Creativity

Pre-Intermediate (A2-B1)



## Part 1. Discuss the question below.

When you hear the word **hobby**, what comes to mind first?

It can be:

- a word
- a feeling
- an activity
- a memory

## Part 2. Look at the hobbies below. Put each hobby into one or more categories.

Cooking	Photography	Gaming	Yoga	Painting
Playing instruments	Journaling	Hiking	Dancing	Knitting
DIY projects	Skateboarding	Baking	Content creation	Learning languages

### Categories:

- creative
- active
- relaxing
- social
- solo

**Part 3. Discuss the questions below.**

Cooking	Photography	Gaming	Yoga	Painting
Playing instruments	Journaling	Hiking	Dancing	Knitting
DIY projects	Skateboarding	Baking	Content creation	Learning languages

1. Which of these hobbies have you tried before? Which ones haven't you tried?
2. Which category do you enjoy the most (creative, active, relaxing, social, solo)? Why?
3. Which hobbies do you think are easier to start as an adult? Why?
4. Which hobbies do you think require the most patience?
5. Are there any hobbies on the list that you wouldn't try? Why not?

**Part 4. Choose one option and explain your choice.**

Creative hobbies	or	active hobbies?
Learning alone	or	learning with others?
Hobbies at home	or	hobbies outside?
Starting something new	or	improving one skill?
Quiet hobbies	or	energetic hobbies?

**Part 5. Read the statements. Say if you agree, disagree, or are not sure. Then explain.**

1. "Hobbies should help you relax."
2. "It's okay to be bad at your hobbies."
3. "Adults don't have enough time for hobbies."
4. "Hobbies are more fun when you share them with others."

**Part 6. Some people feel pressure even in their free time. Choose one sentence that feels true for you and explain.**

- 1.“I sometimes feel guilty when I’m not doing something useful.”
- 2.“I compare my hobbies to other people’s online.”
- 3.“I stop hobbies if I’m not good at them quickly.”

**Part 7. Read the situations and discuss.**

- 1.You start a new hobby but lose motivation after two weeks.
- 2.You want to try something creative, but you feel embarrassed.
- 3.You enjoy a hobby, but your friends don’t understand it.

**Discuss:**

- What would you do?
- What advice would you give a friend?

**Part 8. Complete the sentences with your own ideas. Then explain.**

- 1.A hobby I’d like to try, even if I’m bad at it, is \_\_\_\_\_.
- 2.When I’m stressed, a good hobby for me is \_\_\_\_\_.
- 3.I stopped a hobby because \_\_\_\_\_.
- 4.One hobby that really suits my personality is \_\_\_\_\_.

**Part 9. Rank these from 1 (most important) to 5 (least important) when choosing a hobby. Explain your choices.**

- 1.fun
- 2.relaxation
- 3.creativity
- 4.learning something new
- 5.social connection

**Part 10. Think about your childhood and your life now and discuss:**

1. hobbies you had as a child
2. hobbies you have now
3. what changed, and why

**REFLECTION**

**Complete the sentences with your own ideas.**

1. One hobby I want to protect time for is \_\_\_\_\_.
2. One idea from today I actually liked was \_\_\_\_\_.
3. After this lesson, I feel more / less pressure about hobbies.

