

## Teacher's Guide

### Trying to Eat Well in a World of Mixed Messages - Advanced (C1-C2)

Canva Presentation Link:

[https://www.canva.com/design/DAG\\_wfaw8x0/MDeoPfQFeMIOubxP\\_nWyvQ/view?utm\\_content=DAG\\_wfaw8x0&utm\\_campaign=designshare&utm\\_medium=link2&utm\\_source=uniqueLinks&utm\\_id=hb50891bbe3](https://www.canva.com/design/DAG_wfaw8x0/MDeoPfQFeMIOubxP_nWyvQ/view?utm_content=DAG_wfaw8x0&utm_campaign=designshare&utm_medium=link2&utm_source=uniqueLinks&utm_id=hb50891bbe3)



Editable Presentation Link:

[https://www.canva.com/design/DAG\\_wfaw8x0/GilGolsqaRruRJahgKlzCQ/view?utm\\_content=DAG\\_wfaw8x0&utm\\_campaign=designshare&utm\\_medium=link&utm\\_source=publishsharelink&mode=preview](https://www.canva.com/design/DAG_wfaw8x0/GilGolsqaRruRJahgKlzCQ/view?utm_content=DAG_wfaw8x0&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink&mode=preview)

Editable Worksheet Link:

[https://www.canva.com/design/DAG\\_wacGFUg/QVzMyDmOQn03IWYgg4y7Vw/view?utm\\_content=DAG\\_wacGFUg&utm\\_campaign=designshare&utm\\_medium=link&utm\\_source=publishsharelink&mode=preview](https://www.canva.com/design/DAG_wacGFUg/QVzMyDmOQn03IWYgg4y7Vw/view?utm_content=DAG_wacGFUg&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink&mode=preview)

**Part 1.** Students think about food advice today and discuss what comes to mind. They can choose from the words given or use their own.

**Part 2.** Students read the statements and discuss the questions.

**Part 3.** Students read the situations and discuss how realistic they feel for them or people they know.

**Part 4.** Students read the reactions and discuss which ones they recognise. They then choose one and explain what led to it.

**Part 5.** Students rank each of the sources from most trusted to least trusted when it comes to food advice. Encourage students to explain their choices.

**Part 6.** Students read the situations and respond naturally, as if speaking to a friend or colleague.

**Part 7.** Students choose one option and explain their choice.

**Part 8.** Students read the statements and rephrase them to sound more realistic.

## Reflection

Students complete the sentences with their own ideas.