

Let's Visit: Sri Lanka

Intermediate (B1-B2)



WARM UP

Part 1. Discuss the following questions.

1. Have you ever visited Sri Lanka?
2. What do you know about the country?
3. Would you like to travel there? Why or why not?

Part 2. How much do you know about Sri Lanka? Test your knowledge!

1. What is the capital city of Sri Lanka?
2. Which ocean is Sri Lanka in?
3. What is Sri Lanka's nickname?
4. Which sport is most popular in Sri Lanka?
5. What is Sri Lanka's famous tea-growing region called?



VIDEO ACTIVITY & PICTURE MATCHING

Part 1. Watch a short video showing different places and things in Sri Lanka. After watching, answer the questions.

1. Which place or scene looked the most appealing to you?
2. Would you prefer exploring nature, cities, or beaches in Sri Lanka?

Part 2. Look at some of Sri Lanka's famous places and landmarks below. Match the name to the picture.

Sigiriya Rock Fortress

Sacred Tooth Relic

Galle Fort

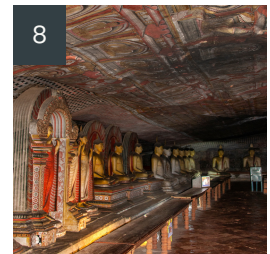
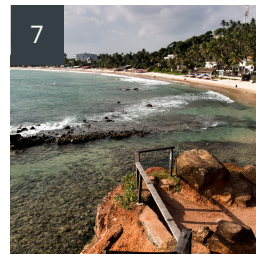
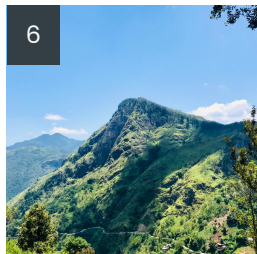
Nine Arches Bridge

Yala National Park

Dambulla Cave Temple

Ella Rock

Mirissa Beach



Part 3. Match each place or landmark to the correct description.

Sigiriya Rock Fortress	Sacred Tooth Relic	Galle Fort	Nine Arches Bridge
Yala National Park	Dambulla Cave Temple	Ella Rock	Mirissa Beach

1. _____ Mountain hike with panoramic views.
2. _____ Temple complex with colourful statues and murals.
3. _____ Scenic railway bridge in the hills of Ella.
4. _____ Wildlife reserve known for leopards.
5. _____ Ancient rock fortress with stunning views.
6. _____ Buddhist temple housing a sacred relic.
7. _____ Tropical beach ideal for relaxing and whale watching.
8. _____ Historic seaside fort built by the Portuguese and Dutch.

Part 4. Discuss the following questions.

1. Which landmark would you visit first?
2. Which would be best for photography?
3. Which seems the most unique?



Part 5. Look at some of Sri Lanka's famous food below. Match the name to the picture.

Rice and Curry

Hoppers

Kottu Roti

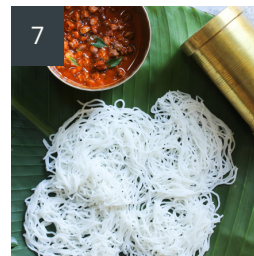
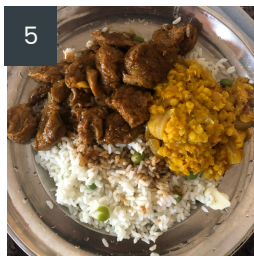
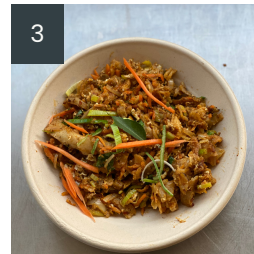
String Hoppers

King Coconut Water

Pol Sambol

Kiribath

Watalappan



Part 6. Match each dish to the correct description.

1. _____ Spiced curries served with rice and sides.
2. _____ Stir-fried chopped roti with vegetables, egg, and spices.
3. _____ Bowl-shaped pancakes made from rice flour.
4. _____ Creamy rice cooked with coconut milk, often served for special occasions.
5. _____ Spiced coconut custard dessert.
6. _____ Steamed rice noodle discs.
7. _____ Sweet, refreshing juice from bright orange coconuts.
8. _____ Coconut relish with chilli and lime.

Part 7. Discuss the following questions.

1. Which dish would you try first?
2. How is this food different from your home country's?
3. Do you enjoy spicy flavours?

READING ACTIVITY

Part 1. Read this dialogue between a traveller who recently visited Sri Lanka and his friend.

Alex: I've just got back from Sri Lanka and honestly, it was right up my alley. Beaches, mountains, history – it had the lot.

Mia: Sounds amazing! Where did you go first?

Alex: Sigiriya Rock Fortress. Climbing up was a workout, but the view from the top blew me out of the water.

Mia: I've seen pictures – looks incredible.

Alex: Then we took the train from Kandy to Ella. That journey was off the charts – tea plantations, hills, little villages... I just sat by the window and soaked it all in.

Mia: I'd love that.

Alex: In Ella, we hiked up to Ella Rock. The scenery there could steal the show from anywhere I've been before.

Mia: And the food?

Alex: Unreal. Kottu roti was my favourite – spicy, filling, and so tasty. And pol sambol... simple but full of flavour.

Mia: You're making me hungry.

Alex: Honestly, Sri Lanka's one of those places where you feel like you're experiencing something special every day.

Part 2. Answer the questions below based on the dialogue.

1. What was the first place Alex visited?
2. How did Alex describe the train journey from Kandy to Ella?
3. Which place did Alex say could "steal the show"?
4. What was Alex's favourite Sri Lankan dish?
5. How did Alex describe the overall experience of Sri Lanka?



Part 3. Match the expression to its meaning.

Right up my alley

Steal the show

Off the charts

Blow someone out of the water

Soak it all in

1. _____ Fully enjoy and absorb the experience
2. _____ Be the most impressive part
3. _____ Exactly the kind of thing I like
4. _____ Greatly exceeded expectations
5. _____ Extremely high or impressive

Part 4. Discuss the following questions.

1. What kind of holiday would be **right up your alley**?
2. Can you think of a moment when something or someone completely **stole the show**?
3. When was the last time you had an experience that was **off the charts**?
4. Which place or event has **blown you out of the water** the most?
5. Have you ever been somewhere so beautiful you just wanted to **soak it all in**?

FINAL THOUGHTS...

Part 1. Discuss the questions below to reflect on what you've learnt during this lesson.

1. Would you visit Sri Lanka? Why or why not?
2. Which landmark or dish would be your top priority?
3. Do you think you'd enjoy the culture and pace of life there?

