

Idioms: Travel

Intermediate (B1-B2)



WARM UP

Part 1. Discuss the following questions.

1. When was the last time you **hit the road** for a spontaneous trip?
2. How quickly do you **find your feet** in a new city?
3. Would you rather **travel light** or carry lots of luggage? Why?

READING ACTIVITY

Part 1. Read the following text carefully.

Last summer, Nina decided to **hit the road** on a solo adventure through Europe. She didn't mind **living out of a suitcase**, as she preferred to **travel light**. In Spain, she chose to **go off the beaten track**, discovering charming villages tourists rarely see. After a few days of exploring, she had **found her feet** and felt confident navigating local trains and markets. By the end of the trip, she had completely **caught the travel bug** and was already planning her next journey.

Part 2. Answer the comprehension questions.

1. Why did Nina not mind living out of a suitcase?
2. Which idiom shows she explored less-known places?
3. How did Nina feel once she found her feet?
4. What was the result of her experience by the end of the trip?

DEFINITION MATCHING

Part 1. Match each idiom to its correct definition. Can you guess any before looking at the options?

Hit the road

Go off the beaten track

Find your feet

Live out of a suitcase

Travel light

Catch the travel bug

1. _____ to stay in different places frequently, with only minimal luggage
2. _____ to pack only essential items when travelling
3. _____ to become comfortable and confident in a new situation
4. _____ to start a journey or trip
5. _____ to develop a strong desire to travel frequently
6. _____ to explore places where few visitors go



TYPICAL USAGE MATCHING

Part 1. Match the idioms with what they are typically used with.

Hit the road

Go off the beaten track

Find your feet

Live out of a suitcase

Travel light

Catch the travel bug

1. _____ once you start using the local bus system.
2. _____ with only a carry-on bag for a week's holiday.
3. _____ for a trip to the beach.
4. _____ after my first solo adventure abroad.
5. _____ by hiking to remote mountain villages.
6. _____ during the first month of my new contract.

SENTENCE TRANSFORMATION

Part 1. Rewrite the following sentences using the target idioms so that the meaning stays the same.

1. She decided to explore places tourists don't usually visit.
2. We left early in the morning to begin our trip.
3. During the six-week filming schedule, Maria moved between five different hotels.
4. He travelled with just a backpack instead of a heavy suitcase.
5. After a week, I felt confident using the city's underground system.
6. Once I tried backpacking, I couldn't stop thinking about my next trip.

SENTENCE GAP-FILL

Part 1. Use the correct form of the idiom in brackets to complete each sentence.

1. By sunrise, they _____ already _____ (hit the road) for the coast.
2. I _____ often _____ (go off the beaten track) in my travels.
3. Within days, she _____ (find your feet) in her new school.
4. During his internship, he _____ (live out of a suitcase) for six weeks.
5. On business trips, I always _____ (travel light) so I can move quickly.
6. After that trip to Bali, I _____ (catch the travel bug) badly.

SPEAKING

Part 1. Answer the questions using the target idioms.

1. When did you last **hit the road** on a new adventure?
2. What's the most interesting place you've **gone off the beaten track**?
3. How long did it take you to **find your feet** at university or work?
4. Why might someone choose to **live out of a suitcase**?
5. What are the advantages of **travelling light** when flying?
6. What trip made you **catch the travel bug**, and why?

