

Teacher's Guide

The Art of Being a Good Friend – Advanced (C1-C2)



Canva Presentation Link: [🌐 The Art of Being a Good Friend](#)

Editable Presentation Link: [🌐 The Art of Being a Good Friend](#)

Editable Worksheet Link: [🌐 Student Worksheet: The Art of Being a Good Friend](#)

Video Link: [🌐 How to Deepen Your Friendships](#)

Warm-up discussion

Part 1. Students read the statements and decide if they agree, disagree, or are unsure. Encourage students to explain why.

Part 2. Students read the four quotes and choose one that resonates with them. Encourage students to explain their choice.

Part 3. Students read the short descriptions and say which idea about friendship each one describes.

Answer key:

1. Friendship as a lucky accident
2. Friendship as constant positivity
3. Friendship as constant talking

Vocabulary

Students match each expression to its closest synonym or definition.

1. Intimate disclosures
2. Self-disclosure
3. Stay on the surface
4. Unfurl concerns
5. Throw off their masks
6. Go deep

Video activity

Part 1. Before watching the video, students discuss the questions.

Part 2. Students watch the first part of the video (0:00-0:51).

Part 3. Students discuss the questions.

Part 4. Students watch the second part of the video (0:51 to the end).

Part 5. Students match the ideas from the video with the statements.

Answer key:

1. Creating emotional safety
2. Responding with quiet compassion
3. Listening with restraint
4. Accepting human complexity

Video follow-up

Part 1. Students look at the statements from the video and say whether they agree or disagree. Encourage students to explain their reasoning.

Part 2. Students complete the sentences with their own ideas.

Part 3. For each pair, students choose the sentence they agree with more.

Reflection

Students discuss the questions.