



Teacher's guide

Social Connection – Friendships, Loneliness, and Belonging – Upper-intermediate (B2-C1)

Canva Presentation Link: [🌐 Social Connection](#)

Editable Presentation Link: [🌐 Social Connection](#)

Editable Worksheet Link: [🌐 Student Worksheet: Social Connection](#)

Warm-up discussion

Students read the quote and discuss the questions.

Reading activity

Part 1. Students will read a text on The Power of Social Connection.

Part 2. Students discuss the questions based on the text.

Suggested answers:

1. They are linked to longer life, reduced stress, and resilience.
2. Busy lifestyles, reliance on digital communication, lack of face-to-face time.
3. Trust, shared experiences, and in-person contact.
4. It provides acceptance, value, and emotional support.
5. Open answer.

Vocabulary & speaking

Part 1. Students match the words/phrases to their meanings.

Answer key:

1. strong social ties
2. emotional resilience
3. face-to-face interaction
4. social creatures
5. sense of belonging
6. digital isolation
7. community group
8. build trust

Part 2. Students complete the sentences with the correct word/phrase.

Answer key:

1. strong social ties
2. social creatures
3. digital isolation
4. community group
5. build trust
6. emotional resilience
7. sense of belonging
8. face-to-face interaction

Part 3. Students act out the role-play with you or a partner, making sure to use today's vocabulary. Once finished, swap roles and repeat the activity.

Part 4. In pairs, as a group or with you, students imagine the situations and discuss the questions.

Part 5. Students discuss the question. Ensure they aim to recall the vocabulary from memory.

Reflection

Students discuss the questions.

Wrap-up task (optional homework)

Students write 8–10 sentences about how they maintain social connections in their life. Encourage students to use at least 5 of today's target vocabulary items.