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Part 1. Read the quotes below. Do you agree or disagree with each one?

<i>"Fear is temporary. Regret lasts a lot longer."</i>	<i>"The things we're afraid of are rarely as bad as we imagine."</i>
<i>"You can be brave and still feel scared at the same time."</i>	<i>"Halloween proves that people love being frightened, as long as they know they're safe."</i>

Part 2. Choose one option in each pair and explain your choice.

A horror film	or	A comedy
Watch alone	or	Watch with friends
Real-life fears (heights, spiders)	or	Fictional fears (films, ghost stories)
A sudden jump scare	or	Slow, creepy tension
Trick-or-treating	or	A Halloween party

Part 3. Which of these are true for you? Tick your answers, then compare with a partner.

- I get scared easily.
- I like the feeling of being frightened.
- I avoid horror films completely.
- I've watched something scary that I regretted watching.
- I enjoy telling scary stories to other people.
- I don't believe in ghosts, but I still get nervous in the dark.

Part 4. Read each situation with a partner. What would you do? Discuss your choice, or come up with your own idea.

It's Halloween night. You're walking home alone and the street lights suddenly go out. What would you do?

1. *Keep walking and ignore it.*
2. *Call a friend to stay on the phone with you.*
3. *Turn back and take a different route.*
4. *Use your phone light and walk faster.*

Your friends want to visit a 'haunted house' attraction, but you don't really want to go. What would you do?

1. *Go along, even though you're not keen.*
2. *Say no honestly and suggest something else instead.*
3. *Go, but ask to wait outside during the scariest parts.*
4. *Go, but ask a friend to stay close to you the whole time.*

You're home alone at night and you hear a strange noise downstairs. What would you do?

1. *Investigate immediately.*
2. *Stay where you are and listen carefully.*
3. *Turn on all the lights in the house.*
4. *Call someone before doing anything.*

Part 5. In small groups, rank these from 1 (most scary) to 6 (least scary). Compare your rankings and explain your choices.

- The dark
- Spiders
- Horror films
- Being alone at night
- Loud, sudden noises
- Clowns

Part 6. Stand up and ask your classmates questions. Find someone who...

- ...has watched a horror film alone.
- ...believes in ghosts.
- ...has been to a haunted house attraction.
- ...screamed during a film in a cinema.
- ...dressed up for Halloween last year.
- ...doesn't understand why people enjoy being scared.

Part 7. Before you ask, guess your partner's answers. Then ask and check — how many did you get right?

- Would your partner rather watch a horror film alone or with friends?
- Which is your partner most afraid of: spiders, the dark, heights or clowns?
- Has your partner ever screamed or jumped during a film?
- Would your partner enjoy visiting a haunted house attraction?

Part 8. Discuss the following questions.

- Do people celebrate Halloween where you live? What do they do?
- Do you think Halloween has become too commercial?
- What's a Halloween tradition you find strange or interesting?
- Would you dress up for a Halloween party? What would you wear?
- Do you think trick-or-treating is a good tradition for children? Why, or why not?

Part 9. Tell your partner about a time when something scared you — a film, a noise, a dream, or something that really happened to you.**Think about:**

- Where you were and who you were with.
- What happened, step by step.
- How you felt and how your body reacted.
- How the situation ended, and how you felt afterwards.

Reflection**Complete the sentences in your own words.**

1. The thing that scares me most is...
2. If I watch something scary, I usually...
3. I would / wouldn't enjoy a haunted house attraction because...
4. One thing I've learned about fear from this lesson is...