

## Teacher's Guide

### When Hobbies Stop Being Fun - Upper-intermediate (B2-C1)

Canva Presentation Link:

[https://www.canva.com/design/DAG\\_kiQpm4s/pnF7EgiDBHrtDaxzlv4Aw/view?utm\\_content=DAG\\_kiQpm4s&utm\\_campaign=designshare&utm\\_medium=link2&utm\\_source=uniqueLinks&utlId=he4b7bd916e](https://www.canva.com/design/DAG_kiQpm4s/pnF7EgiDBHrtDaxzlv4Aw/view?utm_content=DAG_kiQpm4s&utm_campaign=designshare&utm_medium=link2&utm_source=uniqueLinks&utlId=he4b7bd916e)



Editable Presentation Link: [https://www.canva.com/design/DAG\\_kiQpm4s/rNU-nKM85dfnDcscHoLRQw/view?utm\\_content=DAG\\_kiQpm4s&utm\\_campaign=designshare&utm\\_medium=link&utm\\_source=publishsharelink&mode=preview](https://www.canva.com/design/DAG_kiQpm4s/rNU-nKM85dfnDcscHoLRQw/view?utm_content=DAG_kiQpm4s&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink&mode=preview)

Editable Worksheet Link: [https://www.canva.com/design/DAG\\_kpGy-Pg/DogkAiYMaPCqA-6-286XXg/view?utm\\_content=DAG\\_kpGy-Pg&utm\\_campaign=designshare&utm\\_medium=link&utm\\_source=publishsharelink&mode=preview](https://www.canva.com/design/DAG_kpGy-Pg/DogkAiYMaPCqA-6-286XXg/view?utm_content=DAG_kpGy-Pg&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink&mode=preview)

Video Link: <https://www.youtube.com/watch?v=UHAqhP8EeYQ>

## Warm-up discussion

**Part 1.** Students look at the list of hobbies and discuss which ones they do purely for enjoyment.

**Part 2.** Students read the four quotes and choose one that resonates with them. Encourage students to explain their choice.

**Part 3.** Students think about a hobby they used to enjoy and complete the sentences.

## Video activity

**Part 1.** Tell students they are going to watch a video called "The grindification of hobbies." Before watching, students discuss the questions.

**Part 2.** Students watch the video.

**Part 3.** Students discuss the questions.

**Part 4.** Students read the quotes from the video and discuss the questions.

## Vocabulary & speaking

**Part 1.** Students read the sentences from the video and guess the meaning of the bold expression in each one.

**Mess up** – to make mistakes while trying something

**Experimentation phase** – the early stage of trying things freely without pressure

**Productivity guilt** – feeling bad for resting or not being productive

**Side hustle** – an activity done alongside a main job to earn extra money

**Enjoy something for the sake of enjoying it** – to do something purely for pleasure, without a goal or result in mind

**Part 2.** Students complete the sentences with their own ideas.

**Part 3.** Students choose one option and explain their choice.

## Reflection

Students complete the sentences with their own ideas.