



Teacher's Guide

Transformative Travel – How Journeys Change Perspectives – Upper-intermediate (B2–C1)

Canva Presentation Link: [🌐 Transformative Travel](#)

Editable Presentation Link: [🌐 Transformative Travel](#)

Editable Worksheet Link: [🌐 Student Worksheet: Transformative Travel](#)

Warm-up discussion

Part 1. Students discuss the questions.

Part 2. Students read the quote and discuss the questions.

Vocabulary & speaking

Part 1. Students read the short dialogues and guess the meaning of the bold expressions.

Answer key:

Gain perspective → to start seeing things more clearly or from a different point of view.

Challenge assumptions → to question what you believe or expect about something or someone.

Transformative experience → an experience that changes how you think, feel, or see the world.

Open-minded → willing to listen to and accept ideas that are different from your own.

Build resilience → to become stronger and better at coping with difficulties.

Broaden horizons → to expand your knowledge and experience of the world.

Cultural immersion → fully experiencing another culture by living or spending time within it.

Step outside your comfort zone → to do something that feels new or challenging.

Part 2. Students discuss the questions.

Reading text

Students read the text and discuss the questions.

Speaking

Part 1. Students match each kind of traveller to its description and discuss the questions.

Answer key:

1. The Planner
2. The Adventurer
3. The Connector
4. The Observer

Part 2. Students discuss what they would do in each of the situations.

Part 3. Students discuss the questions.

Reflection

Students discuss the questions.

Wrap-up task (optional homework)

Students write 8–10 sentences about a transformative experience they had while travelling. Encourage students to use at least 5 of today's target vocabulary items.