



### Teacher's guide

#### At the Spa – Intermediate (B1-B2)

Canva Presentation Link: [🌐 At The Spa \(Updated\)](#)

Editable Presentation Link: [🌐 At The Spa \(Updated\)](#)

Editable Worksheet Link: [🌐 Student Worksheet: At The Spa \(Updated\)](#)

## Warm-up discussion

Students choose the activities that sound most relaxing for them and discuss the questions.

## Vocabulary & speaking

**Part 1.** Students match the spa-related words with their pictures.

### **Answer Key:**

1. Body scrub
2. Hot stone therapy
3. Aromatherapy
4. Jacuzzi
5. Facial
6. Sauna
7. Steam room
8. Massage

**Part 2.** Students discuss the questions.

## Reading activity

**Part 1.** Students read about Mia's spa experience.

**Part 2.** Students answer the questions based on the text.

### **Answer key:**

1. She starts with the sauna.
2. It helps her refresh her mind.
3. Soothe away, soak up, lie back, wind down, freshen up.
4. She feels relaxed and refreshed.
5. Open question.

## Vocabulary & speaking

**Part 1.** Students match each phrasal verb to its correct definition.

### **Answer key:**

1. Lie back
2. Soak up
3. Soothe away
4. Wind down
5. Freshen up

**Part 2.** Students discuss the questions.

**Part 3.** Students fill in the gaps in the sentences using the phrasal verbs.

**Answer key:**

1. wind down
2. lie back
3. soothed/soothes away
4. freshen up
5. soak up

**Part 4.** Students discuss the questions. Encourage students to use the phrasal verbs in their answers.

**Reflection**

Students discuss the questions.

**Wrap-up task (optional homework)**

Students write a short paragraph (100–120 words) describing their perfect spa day using the vocabulary and phrasal verbs from today's lesson.