Warm-up

Part 1. Students discuss the questions.

Definition matching

Part 1. Students match each word to its correct definition.

Answer key:

1. Empathy
2. Conflicts
3. Quality time
4. Friendships
5. Boundaries
6. A bond
7. Trust
8. Connections

Collocation matching

Part 1. Students match the verbs with the correct nouns to form a collocation.

Answer key:

1. Maintain friendships
2. Form connections
3. Resolve conflicts
4. Show empathy
5. Strengthen a bond
6. Set boundaries
7. Spend quality time
8. Build trust

Sentence gap-fill

Part 1. Students complete the sentences using the correct collocations.

Answer key:

1. build trust
2. set boundaries
3. resolve conflicts
4. form connections
5. show empathy
6. strengthen a bond
7. spend quality time
8. resolve conflicts

Sentence transformation

Part 1. Students rewrite the sentences using the target collocations so that the meaning stays the same.

Suggested answers:

1. She **set boundaries** in her relationship.
2. Team-building exercises **strengthen bonds** between co-workers.
3. They worked hard to **build trust**.
4. They **resolve conflicts** when they arise.
5. He always **shows empathy**.
6. They **spend quality time** together each weekend.
7. They **formed a connection** at the conference.
8. He **maintains** his university **friendships** every month.

Tense challenge

Part 1. Students use the correct form of the collocation in brackets to complete each sentence.

Answer key:

1. have built trust
2. set boundaries
3. have maintained our friendship
4. will have formed connections
5. strengthening a bond
6. shows empathy
7. resolve the conflict
8. have spent quality time

Speaking

Part 1. Students answer the questions using the target collocations.