

## Teacher's Guide

### How We Spend Our Time - Pre-intermediate (A2-B1)

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**Part 1.** Students read the statements and say which ones feel true for them and why.

**Part 2.** Students choose one option in each pair and explain their choice.

**Part 3.** Students complete the sentences with their own ideas.

**Part 4.** Students imagine they've finished their day. It's 7pm and they have a few free hours.

1. Students choose **three activities** they usually do in the evening.
2. They **rank the activities** from most frequent (1) to least frequent (3).
3. Students discuss:
  - which activity they enjoy most
  - which activity *just happens*, rather than being a conscious choice

Encourage students to explain **why** and to react to each other's answers.

**Part 5.** Students discuss what they do in each of the situations.

**Part 6.** Students choose four items and explain whether they boost or drain them, why, and what it looks like in real life.

**Part 7.** Students complete the sentences with their own ideas.

**Part 8.** Students discuss each of the points.

## Reflection

Students discuss the questions.