

Teacher's guide

Travel & Transformation – How Travel Changes Perspective and Identity – Advanced (C1-C2)



Canva Presentation Link: [Travel & Transformation](#)

Editable Presentation Link: [Travel & Transformation](#)

Editable Worksheet Link: [Student Worksheet: Travel & Transformation](#)

Warm-up discussion

Part 1. Students discuss the questions.

Part 2. Students read the quote and discuss the questions.

Reading activity

Part 1. Ask students to read the text.

Part 2. Students discuss the questions based on the text.

Vocabulary & speaking

Part 1. Students read the short dialogues and guess what the bold words mean. Then students say whether they agree, disagree, or partially agree with what is being said.

Epiphany – A sudden realisation or deep understanding that changes how you see something.

Re-evaluate – To think again about your choices, values, or beliefs, often because of a new experience.

Transient – Temporary or short-lived, something that does not last for long.

Rootedness – A feeling of belonging or being connected to a place or community.

Displacement – A feeling of not belonging anywhere, or being caught between places or identities.

Authenticity – The quality of being real, honest, or true, rather than artificial or performed.

Introspection – Deep personal reflection about your thoughts, feelings, and motivations.

Reintegration – The process of adjusting back to normal life after being away or experiencing something different.

Part 2. Students choose two vocabulary items and tell a short real or imagined story where each one could apply.

Part 3. Students choose two situations and discuss how they would respond.

Part 4. Students read each situation and choose an idiom that fits each one best. Encourage students to explain their choice.

Answer key:

1. Find your feet
2. Go off the grid
3. Worlds apart
4. Come full circle

Find your feet – To become comfortable or confident in a new place or situation.

Go off the grid – To disconnect from technology and the online world, often to recharge or find calm.

Worlds apart – Very different from each other in culture, lifestyle, or way of thinking.

Come full circle – To return to an earlier idea or place in life, but with new understanding or perspective.

Part 5. Students discuss the questions based on the situations in the previous activity.

Part 6. Students choose one statement and explain their view.

Part 7. Students talk about a journey that changed them in some way and discuss the questions.

Part 8. Students rank the statements from most true to least true for them.

Reflection

Students discuss the questions.