

Shopping for Clothes



Pre-intermediate (A2-B1)

Part 1. Discuss the following questions.

1. Where do you usually buy clothes? (shops, online, markets, second-hand)
2. How often do you buy new clothes?
3. Do you enjoy shopping for clothes, or do you avoid it?

Part 2. Choose one option and explain your choice.

Tight clothes	or	loose clothes?
Dark colours	or	bright colours?
Simple outfits	or	bold outfits?
Comfort	or	style?
Shopping online	or	shopping in-store?
Dressing up	or	dressing down?
Shopping alone	or	shopping with someone else?

Part 3. Complete the sentences in a way that feels true for you.

1. The clothes I feel most like myself in are _____.
2. When I want to feel confident, I usually wear _____.
3. I dress very differently when I'm _____.
4. One clothing habit I've changed over time is _____.

Part 4. Imagine you're trying clothes on. Choose two moments and describe what's happening in your head.

1. The mirror tells a different story than you expected.
2. The size is right, but something feels off.
3. It looks great... until you sit down or move.
4. You like it, but you're not sure it suits you.

Say:

- what you notice
- how you feel
- what you're thinking

Part 5. Now imagine you step out of the changing room. Choose two situations and explain what you usually do.

1. The shop only has one size left.
2. You like it, but it's more expensive than you planned.
3. You want a second opinion.
4. You decide not to buy anything.

Discuss:

- Which situation is most familiar?
- What do you usually do in this situation?



Part 6. Look at the expressions below.

1. Do you have this in a different size?
2. Can I try this on?
3. Does this suit me?
4. I'm just looking, thanks.
5. I'll think about it.
6. Is there another colour?

Discuss:

- Which expressions feel natural for you?
- Which ones would you like to use more confidently?
- In what situation would you use each expression?

Part 7. Use the expressions above to respond to the situations.

1. The item is too small.
2. You can't see the changing room.
3. You're unsure and don't want to decide yet.
4. You want an honest opinion.
5. You don't want help right now.

Part 8. Talk about your experiences.

1. A piece of clothing you love wearing
2. Something you bought but never wear
3. A time you bought clothes and regretted it

Explain:

- Why was it a good or bad decision?



Part 9. Discuss the following questions.

1. What are the advantages of shopping online?
2. What problems come with online clothes shopping?
3. Would you buy clothes without trying them on?

REFLECTION

Complete the sentences with your own ideas.

1. One useful phrase I want to remember is _____.
2. One thing I realised about how I buy clothes is _____.
3. One piece of advice I'd give someone shopping for clothes is _____.

