

Teacher's Guide



Creativity & Flow – Upper-intermediate (B2-C1)

Canva Presentation Link: <https://canva.link/nrpksnhr0b6d46>

Editable Presentation Link: <https://canva.link/ozpqcicdhrp87ga>

Editable Worksheet Link: <https://canva.link/xkxzwllbvvgdgly>

Part 1. Students choose three phrases that feel true for them right now and explain why.

Part 2. Choose one option in each pair, giving a reason or example.

Part 3. Students discuss the questions.

Part 4. Students read the sentences and discuss what they think the bold expression means. They then discuss which situations they have experienced.

In the zone – fully focused and performing at your best, almost effortlessly

A knack for something – a natural talent or intuitive skill for a particular thing

Blank page paralysis – the inability to start because the possibilities feel overwhelming

Tinker (with something) – to make small, repeated adjustments, often without finishing

Hit a wall – to suddenly lose momentum or feel completely stuck

Riff on an idea – to explore and build on an idea freely and spontaneously

From scratch – from the very beginning, with nothing already in place

A creative rut – a period of feeling stuck and unable to produce anything new

Part 5. Students read the statements. They then say which ones they agree with, which ones they'd push back on, and which ones they're genuinely not sure about.

Part 6. Students discuss the questions.

Part 7. Students rank the conditions from most important (1) to least important (9) for their own creativity.

Part 8. Students discuss what they would do in each situation.

Part 9. Students choose which option they find most convincing and explain why.

Part 10. Students choose two questions from the list and explore them in depth. Encourage students to use some of the expressions from part 4.

Reflection

Students complete the sentences in their own words.