

What's Your Favourite Childhood Memory?

Intermediate (B1-B2)



WARM-UP DISCUSSION

Part 1. Read the four quotes below. Choose one that feels closest to your experience and explain why.

"Childhood is a short season, but its warmth lasts a lifetime."

"We didn't realise we were making memories – we just knew we were having fun."

"It's never too late to have a happy childhood." – Tom Robbins

"Sometimes you will never know the value of a moment until it becomes a memory." – Dr Seuss

Discuss:

- What do you think makes childhood feel so special?
- What's one small moment from your childhood that you still remember clearly?
- Do you think children today experience the same kind of fun and freedom?



VOCABULARY

Part 1. Read the sentences below. Guess what the bold word means from the context, then share a quick example from your life that fits the same idea.

1. There's a feeling of **nostalgia** every time I smell crayons. It takes me right back to my first day of school.
2. Summers felt so **carefree** back then. We'd ride our bikes until the streetlights came on.
3. Our games were pure **imaginative play**. We'd turn a sofa into a spaceship and travel to new worlds.
4. I remember the sense of **freedom** we had. No phones, no plans, just hours to explore.
5. There was an **innocence** in those days that's hard to find as an adult.
6. My childhood was full of **laughter**. My cousins and I could make a joke out of anything.
7. Every weekend felt like an **adventure**. Climbing trees, camping in the garden, inventing games.

Part 2. Discuss the following questions.

1. Which word best describes your childhood?
2. Are there any that don't fit your experience? Why?

SPEAKING

Part 1. Look at some of the different childhood memories and discuss the questions.

- 🐟 catching fish by hand
- 🏠 building forts and block towers
- 📦 playing in a cardboard box
- 🍓 strawberry picking with family
- 🎤 singing or performing
- 🚗 family trips and holidays
- 🏫 school adventures
- 🎵 making radio shows or music with friends

1. Which of these memories feels most familiar to you?
2. What do these memories show about what really matters when we look back?
3. How do childhood experiences shape the kind of person we become?



Part 2. Think back to your school days. Use the prompts below to help you remember and describe your experiences.

- The sound of the bell ringing to end a lesson
- The chatter in the canteen at lunchtime
- A teacher you'll never forget
- A funny or embarrassing school moment
- Something you loved or hated about school uniforms, rules, or exams

Discuss:

- What was your favourite subject or part of the school day?
- How was school different then compared to now?
- What advice would you give to your younger self at school?

Part 3. Choose one special memory from your childhood and tell your partner about it.

Include:

- where it happened
- who was there
- what made it special or funny
- how you feel when you think about it now

Useful phrases:

- *I still remember the time when...*
- *It always makes me smile when I think of...*
- *That was one of those moments that...*

Part 4. Complete each sentence with your own ideas.

- I feel **nostalgic** when...
- A time I felt truly **carefree** was when...
- One childhood **adventure** I'll never forget is...
- The sound of **laughter** always reminds me of...
- If I could relive one moment of **freedom**, it would be...
- I sometimes miss the **innocence** of...
- **Imaginative play** was important to me because...

REFLECTION

Discuss the following question.

If you could go back to your childhood for one day, what would you do?

