

Collocations: Mindset & Perspective





WARM UP

Part 1. Discuss the following questions.

- 1. When was the last time you changed your mind about something important?
- 2. How can having a positive outlook affect your daily life?

DEFINITION MATCHING

Part 1. Match each word to its correct definition. Can you guess any before looking at the options?

	Situation	Outlook	Critical thinking	Insight		
1	a na	articular way of viewing th	nings or understanding ever	nte		
''-	a pc	a particular way of viewing things or understanding events				
2	a mental attitude or set of opinions held by someone					
3	the	the ability to analyse and evaluate information logically				
4	thin	things accepted as true without proof				
5	the	the way you expect things to go in the future; your general attitude				
6	a se	a set of circumstances or a specific state of affairs				
7	a su	a sudden and clear understanding of something complex				
8	convictions or values that guide your behaviour					

COLLOCATION MATCHING

Part 1. Match the verb with the correct nouns to form a collocation.

Mindset	Assumptions	Perspective	Beliefs
Situation	Outlook	Critical thinking	Insight

1.challenge
2.develop
3.adopt a new
4.question your
5.gain
6.reframe a
7.shift your
8 broaden vour



SENTENCE GAP-FILL

Part 1. Complete the sentences using the correct collocations.

Challenge assumptions	Develop critical thinking	Adopt a new perspective	Question your beliefs				
Gain insight	Reframe a situation	Shift your mindset	Broaden your outlook				
1.Before making a dec	sision, try to	and see things	from another angle.				
2.It's important to	wl	nen you discover new evide	nce that contradicts your				
view.							
3.To solve complex pro	oblems, students must	and	I question everything.				
4.Travelling can help y	ou	by exposing you to diffe	erent cultures.				
5.A coach can show obstacles.	you how to	and focus on	opportunities instead of				
6.In negotiations, good	d leaders know how to	to re	educe tension.				
7.Reflective journaling allows you to		into your own motivations.					
8. After reading the boo	ok, she began to	about suc	cess and happiness.				
SENTENCE TRANSFORMATION Part 1. Rewrite the following sentences using the target collocations so that the meaning stays the same.							
1. After the workshop, participants understood their own strengths more clearly.							
2. He decided to completely change his way of thinking about work.							
3. He began to doubt the principles he had grown up with.							
4. She changed how she interpreted the data to find a more positive outcome.							
5. Moving abroad helped him see beyond his usual way of life.							
6. She stopped accepting ideas at face value and started to doubt them.							
7. They learnt to look at the problem from an unfamiliar viewpoint.							

8. University courses aim to improve students' analytical reasoning skills.

TENSE CHALLENGE

Part 1. Use the correct form of the collocation in brackets to complete each sentence.

1.By the end of the year, I (shift your mindset) about failure	·•
2.She (challenge assumptions) throughout her research pr	roject.
3 (adopt a new perspective) helped him handle critic	ism without taking it
personally.	
4.He admits he (question your beliefs) since reading that b	ook.
5.We (reframe a situation) so that it seemed less daunting	
6. Over time, they (broaden your outlook) through meeting	diverse people.
7.1 (develop critical thinking) by analysing news articles even	ery day.
8. They (gain insight) into customer needs after the feedba	ck session.

SPEAKING

Part 1. Answer the questions using the target collocations.

- 1. When have you had to **shift your mindset** in order to learn something new?
- 2. Can you give an example of a time you challenged assumptions at work or school?
- 3. How might you adopt a new perspective when faced with a disagreement?
- 4. Are there any core **beliefs** you still have trouble **questioning**?
- 5.Describe a moment when you needed to **reframe a situation** to feel more positive.
- 6. What activities help you broaden your outlook on life?
- 7. Which exercise would you recommend to develop critical thinking skills?
- 8. How do you practise reflection to gain insight into your own goals?

