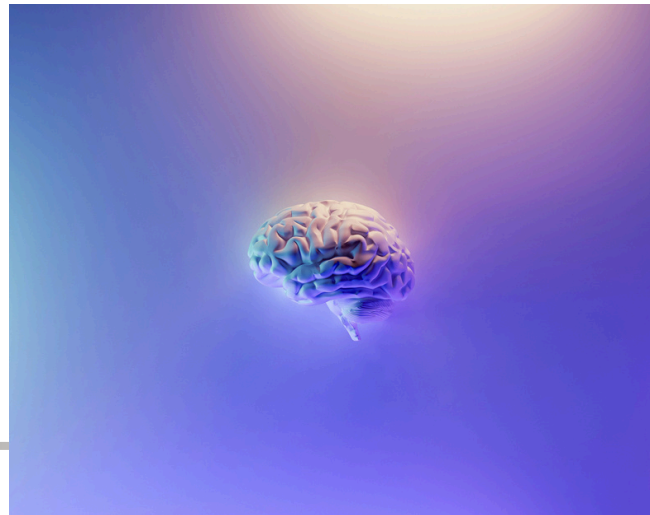


Collocations: ² Mindset & Perspective

Intermediate (B1-B2)



WARM UP

Part 1. Discuss the following questions.

1. When was the last time you changed your mind about something important?
2. How can having a positive outlook affect your daily life?

DEFINITION MATCHING

Part 1. Match each word to its correct definition. Can you guess any before looking at the options?

Mindset

Assumptions

Perspective

Beliefs

Situation

Outlook

Critical thinking

Insight

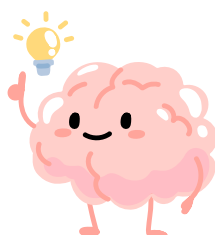
1. _____ a particular way of viewing things or understanding events
2. _____ a mental attitude or set of opinions held by someone
3. _____ the ability to analyse and evaluate information logically
4. _____ things accepted as true without proof
5. _____ the way you expect things to go in the future; your general attitude
6. _____ a set of circumstances or a specific state of affairs
7. _____ a sudden and clear understanding of something complex
8. _____ convictions or values that guide your behaviour

COLLOCATION MATCHING

Part 1. Match the verb with the correct nouns to form a collocation.

Mindset	Assumptions	Perspective	Beliefs
Situation	Outlook	Critical thinking	Insight

1. challenge _____
2. develop _____
3. adopt a new _____
4. question your _____
5. gain _____
6. reframe a _____
7. shift your _____
8. broaden your _____



SENTENCE GAP-FILL

Part 1. Complete the sentences using the correct collocations.

Challenge assumptions

Develop critical thinking

Adopt a new perspective

Question your beliefs

Gain insight

Reframe a situation

Shift your mindset

Broaden your outlook

1. Before making a decision, try to _____ and see things from another angle.
2. It's important to _____ when you discover new evidence that contradicts your view.
3. To solve complex problems, students must _____ and question everything.
4. Travelling can help you _____ by exposing you to different cultures.
5. A coach can show you how to _____ and focus on opportunities instead of obstacles.
6. In negotiations, good leaders know how to _____ to reduce tension.
7. Reflective journaling allows you to _____ into your own motivations.
8. After reading the book, she began to _____ about success and happiness.

SENTENCE TRANSFORMATION

Part 1. Rewrite the following sentences using the target collocations so that the meaning stays the same.

1. After the workshop, participants understood their own strengths more clearly.
2. He decided to completely change his way of thinking about work.
3. He began to doubt the principles he had grown up with.
4. She changed how she interpreted the data to find a more positive outcome.
5. Moving abroad helped him see beyond his usual way of life.
6. She stopped accepting ideas at face value and started to doubt them.
7. They learnt to look at the problem from an unfamiliar viewpoint.
8. University courses aim to improve students' analytical reasoning skills.

TENSE CHALLENGE

Part 1. Use the correct form of the collocation in brackets to complete each sentence.

1. By the end of the year, I _____ (shift your mindset) about failure.
2. She _____ (challenge assumptions) throughout her research project.
3. _____ (adopt a new perspective) helped him handle criticism without taking it personally.
4. He admits he _____ (question your beliefs) since reading that book.
5. We _____ (reframe a situation) so that it seemed less daunting.
6. Over time, they _____ (broaden your outlook) through meeting diverse people.
7. I _____ (develop critical thinking) by analysing news articles every day.
8. They _____ (gain insight) into customer needs after the feedback session.

SPEAKING

Part 1. Answer the questions using the target collocations.

1. When have you had to **shift your mindset** in order to learn something new?
2. Can you give an example of a time you **challenged assumptions** at work or school?
3. How might you **adopt a new perspective** when faced with a disagreement?
4. Are there any core **beliefs** you still have trouble **questioning**?
5. Describe a moment when you needed to **reframe a situation** to feel more positive.
6. What activities help you **broaden your outlook** on life?
7. Which exercise would you recommend to **develop critical thinking** skills?
8. How do you practise reflection to **gain insight** into your own goals?

