



Teacher's Guide

Health & Illness – Pre-intermediate (A2-B1)

Canva Presentation Link: [🌐 Health & Illness](#)

Editable Presentation Link: [🌐 Health & Illness](#)

Editable Worksheet Link: [🌐 Student Worksheet: Health & Illness](#)

Warm-up discussion

Students choose one option from each pair and explain their answer. Encourage students to use full sentences and examples from their life.

Vocabulary & speaking

Part 1. Students complete each sentence with the correct word.

Answer key:

1. Headache
2. Appointment
3. Fever
4. Cough
5. Advice
6. Medicine
7. Healthy
8. Cold

Part 2. Students match the beginnings (1–8) with the correct endings (A–H) to form common collocations.

Answer key:

1. B (have a fever)
2. D (catch a cold)
3. F (take medicine)
4. H (see a doctor)
5. G (stay healthy)
6. E (avoid stress)
7. C (get enough sleep)
8. A (get better)

Part 3. Students discuss the questions.

Part 4. Students discuss what they would do in each of the situations.

Part 5. Students discuss the questions.

Part 6. Students rank the aspects from 1 (most important) to 8 (least important) for good health. Then, students discuss the questions.

Part 7. Students decide if each statement is Myth or Fact and explain why. These may be open for debate, but generally speaking:

1. Myth

2. Fact
3. Fact
4. Myth
5. Fact
6. Myth

Reflection

Students complete the sentences with their own answers.