



Teacher's Guide

The Sunday Feeling – Intermediate (B1–B2)

Canva Presentation Link: <https://canva.link/lia3xxxydhcec5r>

Editable Presentation Link: <https://canva.link/nswzw7vmftat86z>

Editable Worksheet Link: <https://canva.link/nylwo7jkjp9m19>

Part 1. Students choose three situations they recognise and tell their partner.

Part 2. Choose one option in each pair, giving a reason or example.

Part 3. Students discuss which statements feel true for them and explain why.

Part 4. Students discuss the questions.

Part 5. Students sort the items into two groups in their head: things that make the Sunday feeling worse, and things that help. They then discuss if they agree on all of them with their partner.

Part 6. Students match each expression to its meaning. Then they use two of these expressions to describe how Sunday evenings usually feel for them.

Answer key:

1. A sense of impending doom
2. To ease into something
3. To dread something
4. To make the most of something
5. To switch off
6. A low-grade feeling
7. Anticipatory anxiety
8. Wind down

Part 7. Students read each situation and choose the response closest to how they'd actually feel or behave. Then they discuss with their partner.

Part 8. Students discuss whether they agree, disagree, or partly agree with each statement and explain why.

Part 9. Students guess their partner's answers to the questions before they ask. They then check with their partner to see how well they know them.

Part 10. Students read the two viewpoints and discuss which one they agree with more.

Part 11. Using the prompts, students tell their partner about a Sunday – recent or long ago – that they remember clearly, for good or bad reasons.

Reflection

Students complete the sentences in their own words.