



## Teacher's guide

Phrasal Verbs: Mindset & Perspective - Upper Intermediate (B2-C1)

Canva Presentation Link: [🌐 Phrasal Verbs: Mindset & Perspective](#)

### Warm-up

**Part 1.** Students discuss the questions and activate previous knowledge of the phrasal verbs. Provide guidance if necessary.

### Reading activity

**Part 1.** Students read the dialogue, then answer the comprehension questions.

#### **Answer Key:**

1. She's struggling to stop overthinking a mistake.
2. Sophie tells her to brush it off.
3. Feedback from her manager.
4. A negative mindset that focuses on mistakes.
5. She wants to look into ways to improve.

### Definition matching

**Part 1.** Students match each phrasal verb to its correct definition.

#### **Answer key:**

1. Take in
2. Dwell on
3. Snap out of
4. Brush off
5. Think over
6. Look back on
7. Look into
8. Come around to

### Collocation matching

**Part 1.** Students match the phrasal verbs with what they often collocate with.

#### **Answer key:**

1. Snap out of
2. Brush off
3. Take in
4. Look back on
5. Look into
6. Come around to
7. Dwell on
8. Think over

### Sentence transformation

**Part 1.** Students rewrite the sentences using the target phrasal verbs so that the meaning stays the same.

**Suggested answers:**

1. I need time to **think** this **over** before giving an answer.
2. Try to stop **dwelling on** what happened yesterday.
3. He **came around** to the new way of doing things.
4. She **brushed off** the negative comment completely.
5. I want to **look into** this idea more before deciding.
6. You should **snap out of** it and move on.
7. I **took in** a lot from that experience.
8. I often **look back on** my early teaching days.

## Sentence gap-fill

**Part 1.** Students use the correct form of the phrasal verb in brackets to complete each sentence.

**Answer key:**

1. snap out of
2. have been thinking over
3. brushed off
4. had taken in
5. had looked back on
6. has come around to
7. had looked into
8. have been dwelling on

## Speaking

**Part 1.** Students use at least 5 of the target phrasal verbs to talk about:

- A mindset or belief they've changed
- How they reflect on past experiences
- How they deal with criticism or mistakes
- What helps them take in new perspectives